2017 OMC Camp Workshops:

**Camp Choir:** Do you love to sing anything and everything? This workshop is for you! Participants will prepare music to sing each morning in assembly, from a range of styles and difficulty levels. One day we may sing an old 4-H song or folk tune, and the next a more recent song you have heard on the radio. You never know! The camp chorus is a little family within OMC, with lots of campers returning each year to keep singing with each other.

**Cooking:** Participants will learn some basics in cooking and will have the opportunity to try a variety of food.

**Drama:** Participants will learn the basics of stagecraft and performing in front of an audience. We will engage in a variety of activities geared to improve public speaking ability (volume, projection, annunciation, body language, eye contact, and facial expressions) and teach basic improvisation techniques. Participants will perform monologues, and also workshop brief scenes with a partner to encourage cooperation, trust, and teamwork.

**The Social World and You:** Participants in this workshop will exam the history, culture, and social issues of West Virginia and the greater Appalachian region. The specific content of this discussion-based workshop is developed jointly by the campers and the instructors, with special emphasis placed on empowering campers as active participants in shaping West Virginia’s future.

**JM Service Class:** Participants will spend time doing various community service projects at The Mill.

**Outdoor Adventure:** Participants will learn about skills needed in the backcountry and how to live primitive style. They will learn about cooking on an open flame, sleeping in a tent, hiking, and fire building.

**Outdoor Cooking:** Participants will learn how to cook over a campfire or at the pavilion cooking pit. There will be a variety of items for participants to try!

**Seeing the Mill through Photo Voice:** Participants will share their ideas, opinions, and memories of the Mill through Photo Voice activities.

**National 4-H Resume:** This workshop for individuals that have submitted a national 4-H resume for National Congress or National Conference. Participants will engage in etiquette training, interviewing skills, and discussion of expectations of national events.
**Film:** Participants will watch a few films and have discussion regarding the specific films’ elements, cinematography, editing, mise-en-scene, etc.

**Recreation:** Participants will be introduced to a variety of games and activities. This will include indoor and outdoor recreation.

**Creative Writing:** Participants will explore the art of creative writing through short passages, different forms of poetry, and writings through different points of view.

**Board Game:** Participants will play many different board games ranging from traditional board games to not so tradition. Want to try a game you haven’t played? This is the workshop for you!

**Astronomy:** Participants will gain an understanding of the workings and scale of the universe. This workshop will cover the major topics within astronomy. Participants will have the opportunity to create representations of our ever changing solar system/universe.

**STEM:** Participants in this workshop will participate in engineering design challenges, opportunity to learn about robotics, aerospace, and forensic science. This workshop will cover the principles of science, technology, engineering, and mathematics.

**Creative Art:** Participants will be able to channel their inner artist! Participants can make a poster, paint, do things with wood, draw, and work with beads.

**Dance:** Participants will have an enhanced awareness of skills in specific heritage and folk dances. They will provide in depth training for 4-H’ers to lead or teach heritage and folk dances.

**Discussion:** Participants will discuss a variety of topics and learn how to convey their points of view. Individuals will build conversational skills for any environment; they will engage in the art of discussion.

**How to be an Adult 101:** Do you know how to write a check? How about balancing your check book, or sticking to a budget? In this workshop, participants will learn about what it looks like to be out on your own and how to complete everyday adult tasks through interactive games and activities.